

Prepare for Victory!

Optimizing The Time of Fasting

Elder André Blythe | Wednesday, January 13, 2021 Eagles Nest Church | Senior Pastor, Lee Jenkins



DAYS OF FASTING + PRAYER MON. JAN. 4TH - SUN. JAN 24TH EAGLESNESTCHURCH.ORG/FAST

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JAN. 16TH | 8:30AM | ZOOM

TEXT MANCAVE TO 69922



Fasting Defined

- ✓ Fasting is intentionally denying the flesh to gain a response from God.
- ✓ It means renouncing the natural to invoke the supernatural.
- ✓ In the Bible, fasting occurs when there is a need for a spiritual breakthrough due to the burdens of life.
- ✓ Fasting is also very applicable when you are seeking God for direction or guidance on a new path or significant decision.
- ✓ Fasting is appropriate when you are *hungry for a closer walk with Him*.
- ✓ Be careful! <u>Do not treat fasting as a ritual</u>, but rather as another communication tool to strengthen your relationship with Jesus Christ.

Fasting Effectiveness

• Fasting for Optimal Effectiveness – Fasting must be accompanied by the other Spiritual Disciplines to hear clearly from God:

Spiritual Disciplines	Descriptions
Prayer	Two-way communication with God
Bible Study	Seeking God's face through His Word
Worship	Acknowledging God for His many Attributes
Praise	Thanksgiving for what He has done and what He can do
Faith	Walking in what you believe about God through Trust and Obedience
Dedication - Meditation	Stilling away from distractions to focus on God

Our Study: 2 Chronicles 20:1-30

• The story of King Jehoshaphat and Judah, and the enemies who plan to attack them, is a wonderful account of how we should *Prepare for Victory!* Let's get started.

2 Chronicles 20:1-2 CSB

"1 After this, the Moabites and the Ammonites, together with some of the Menuites, came together to fight against Jehoshaphat. 2 People came and told Jehoshaphat, "A vast number from the Dead Sea and from Edom has come to fight against you; they are already in Hazazon-tamar" (that is, Engedi).

Warfare Follows Success 2 Chronicles 20:1-2 CSB

- Preparing for Victory should not only happen when trouble comes. It should be the lifestyle of a believer.
- King Jehoshaphat had just successfully implemented sweeping reforms that pleased God in 2 Chronicles 19:4-11.
- Key Reminder:

Preparing for Victory as a lifestyle will not immunize you from Spiritual Warfare, but rather, it will prepare you to respond during Spiritual Warfare.

2 Chronicles 20:3-4 CSB

"3 Jehoshaphat was afraid, and he resolved himself to seek the Lord. Then he proclaimed a fast for all Judah, 4 who gathered to seek the Lord. They even came from all the cities of Judah to seek Him."

There is a shift in King Jehoshaphat's prayer and leadership - it goes from emotional to spiritual. We must do the same; especially in seasons of Fasting.

Fear Turns Into Faith in the Father 2 Chronicles 20:3-4 CSB

- Fear Projected Jehoshaphat was afraid. Vs.3
- Firm Plan He resolved within himself to seek the Lord. Vs.3
- Fast Proclaimed Jehoshaphat proclaimed a fast for all Judah to collectively seek and hear from God. Vs.3
- Focused Partnership All Judah aligned their faith and focus with King Jehoshaphat to seek the Lord. Vs.4

2 Chronicles 20:5-9 CSB

"5 Then Jehoshaphat stood in the assembly of Judah and Jerusalem in the Lord's temple before the new courtyard. 6 He said: "Lord God of our ancestors, are you not the God who is in heaven, and do you not rule over all the kingdoms of the nations? Power and might are in Your hand, and no one can stand against You. 7 Are you not our God who drove out the inhabitants of this land before Your people Israel and who gave it forever to the descendants of Abraham Your friend? 8 They have lived in the land and have built you a sanctuary in it for Your name and have said, 9 "If disaster comes on us – sword or judgment, pestilence or famine – we will stand before this temple and before You, for Your name is in this temple." We will cry out to You because of our distress, and You will hear and deliver."



2 Chronicles 20:10-13 CSB

10 Now here are the Ammonites, and the inhabitants of Mount Seir. You did not let Israel invade them when Israel came out of the land of Egypt, but Israel turned away from them and did not destroy them. 11 Look how they repay us by coming to drive us out of Your possession that You gave us as an inheritance. 12 Our God, will you not judge them? For we are powerless before this vast number that comes to fight against us. We do not know what to do, but we look to you." 13 All Judah was standing before the Lord with their dependents, their wives, and their children."

Jehoshaphat's Model Prayer 2 Chronicles 20:5-13 CSB

- Worship Vs.5-6: He Acknowledges the Attributes of God.
- Reverent Remembrance Vs.7-9: He Recalls God's Resume.
- Communication of Concern Vs.10-11: Enormous Enemies Engage for an Attack.
- Aspiring Adoration Vs.12-13: Restatement of their Reliance Upon God for Help.

2 Chronicles 20:14-17 CSB

14 "In the middle of the congregation, the Spirit of the Lord came upon Jahaziel (son of Zechariah, son of Benaiah, son of Jeiel, son of Mattaniah, a Levite of Asaph's descendants),
15 and he said, "Listen carefully, all Judah and all you inhabitants of Jerusalem, and King Jehoshaphat. This is what the Lord says: "Do not be afraid or discouraged because of this vast number, for the battle is not yours, but God's. 16 Tomorrow, go down against them. You will see them coming up the Ascent of Ziz, and you will find them at the end of the valley facing the wilderness of Jeruel. 17 You do not have to fight this battle. Position yourselves, stand still, and see the salvation of the Lord. He is with you Judah and Jerusalem. Do not be afraid or discouraged. Tomorrow, go out to face them for the Lord is with you."

God's Response 2 Chronicles 20:14-17 CSB

- God answers Jehoshaphat's Fears God uses a Priest to speak amid their chaos. Vs.14
- God gives them a word of Encouragement Do not be afraid or discouraged. Vs.15
- God tells them it is not their Fight The Battle is not yours, but God's. Vs.15
- God shares His GPS You will see them in the Ascent of Ziz near the Wilderness. Vs.16
- God reiterates the path to Victory You do not have to fight. Position yourselves, Stand Still, and See the Salvation of the Lord. Do not be afraid or discouraged. Go out and face them for the Lord is with you. Vs. 17

Spiritual Warfare Formula:

(The Admission of our inability) + (Our willing Availability) x (God's Ability) = Victory!

2 Chronicles 20:18-19 CSB

18 "Then Jehoshaphat knelt low with his face to the ground, and all Judah and the inhabitants of Jerusalem fell down before the Lord to worship Him. 19 Then the Levites from the sons of the Kohathites and the Korahites stood up to praise the Lord God of Israel shouting loudly."

Jehoshaphat's and Judah's Responses 2 Chronicles 20:18-19 CSB

- Sincere Worship Vs.18
- Celebration of Joy Through Praise Vs.19
 - All before the Victory was manifested or realized!!!
 - In the natural, it looked like a Paradoxical Praise (it may not make sense kind of praise)!
 - But in the Spiritual Realm, it was already done!

Walking in Victory 2 Chronicles 20:20-23 CSB

20 "In the morning they got up early and went out to the wilderness of Tekoa. As they were about to go out, Jehoshaphat stood and said, "Hear me, Judah and you inhabitants of Jerusalem. Believe in the Lord your God, and you will be established," believe in His prophets and you will succeed." 21 Then he consulted with the people and appointed some to sing for the Lord and some to praise the splendor of His holiness." When they went out in front of the armed forces, they kept singing, Give thanks to the Lord, for His faithful love endures forever. 22 The moment they began their shouts and praises, the Lord set an ambush against the Ammonites, Moabites, and the inhabitants of Mount Seir who came to fight against Judah, and they were defeated. 23 The Ammonites and Moabites turned against the inhabitants of Mount Seir and completely annihilated them. When they had finished with the inhabitants of Mount Seir, they helped destroy each other.

Walking in Victory 2 Chronicles 20:20-23 CSB

- Victory was Pronounced but it must now be Pursued. Vs.20-23
 - Obedience, Worship, Praise, the Fast, and Faith in God's Response fueled their Pursuit.
 - This all happened *before* the Victory was fully manifested!

Walking in Victory 2 Chronicles 20:24-26 CSB

24 "When Judah came to a place overlooking the wilderness, they looked for the large army, but there were only corpses lying on the ground; nobody had escaped. 25 Then Jehoshaphat and his people went to gather the plunder. They found among them an abundance of goods on the bodies and valuable items. So they stripped them until nobody could carry any more. They were gathering the plunder for three days because there was so much. 26 They assembled in the Valley of Beracah on the fourth day, for there they blessed the Lord. Therefore, that place is still called the Valley of Beracah today.

- God rewarded their Fast and their Faithfulness with an Abundant Victory. Vs.24-26
 - They gave God the glory due His name for the great Victory!
 - The Valley of Beracah is translated The Valley of Blessings!

Walking in Victory 2 Chronicles 20:27-30 CSB

27 "Then all the men of Judah and Jerusalem turned back with Jehoshaphat their leader, returning joyfully to Jerusalem, for the Lord enabled them to rejoice over their enemies. 28 So they came into Jerusalem to the Lord's temple with harps, lyres, and trumpets. 29 The terror of God was on all the kingdoms of the lands when they heard that the Lord fought against the enemies of Israel. 30 Then Jehoshaphat's kingdom was quiet, for his God gave him rest on every side."

• Judah and Jerusalem were submitted to the Lord and their Leader. They celebrated, worshipped, and praised God's collective Victory for them! Vs 27-30



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