

ONE-MINUTE SERMON  
SCRIPTS

BEYOND  
BELIEF

In addition to your full teaching time each week, we recommend **filming a video of yourself teaching a summary of your message in one minute or less**. Then post it on social media! We've written the scripts for you each week, and we've also filmed complete [One-Minute Sermon Videos](#) for you too. Make your own, or post ours — whatever you want!

## WEEK 1

There are days when all I can focus on is my shortcomings, lack of experience, or ways I've messed up in the past. I worry these things will prevent me from doing things that matter. And if I'm really honest, I believe that because of my self-doubt, God won't use me.

We see something similar in a leader in the book of Exodus. God's people were enslaved and suffering under the oppression of the Egyptian Pharaoh. So, God called a man named Moses to lead them out of slavery and into freedom. Moses doubted himself, but God assured Moses that even amidst his insecurities and past mistakes, God would be with him every step of the way.

God doesn't require a perfect resume or unwavering certainty. Our doubts, failures, and hurts don't disqualify us from being used by God. Regardless of whatever self-perceived flaws you may have, God loves you and wants to use you to do amazing things. **So, when you doubt yourself, God can still use you.**

## WEEK 2

Sometimes, the stories and characters in the Bible seem beyond belief. And I find myself doubting what I'm told about God. I begin to wonder if it's okay to ask questions about what I'm told to believe or what God is doing in my life and the world.

If you're like me, we're in good company. After all, God called Moses a leader, but Moses had a sketchy past and was insecure about his abilities. This made him wonder if God still wanted him to lead God's people out of slavery. When Moses doubted God, he did something you and I can do too. He asked God questions, and God responded. While God didn't provide detailed answers, God did promise never to leave him. God welcomes and expects your questions and doubts. So, the next time you have questions or have a hard time believing what you are told about God, remember, **when you doubt, it's okay to ask questions.**

## WEEK 3

Frequently, I have these moments of feeling lost. I doubt if my life has direction, and God's presence feels depleted. In moments like this, I resonate with the story of Exodus.

God was on a mission to rescue the people of Israel from enslavement in Egypt and follow through on a promise to make them a blessing to the entire world. God got them out of Egypt, but troubles persisted. And some wondered if God had a plan at all. The fear of being chased down by the Egyptians was always present, and eventually, Pharaoh's army did catch up with them, trapping them against the Red Sea. The Israelites felt abandoned and lost, and cried out to God. But God gave them a way out by making an escape route through a vast body of water. This story shows that God is with you, even when you feel lost and question where God is leading you. **When you doubt, God still offers guidance.**

## WEEK 4

There have been moments when I feel betrayed by people who've played a massive role in my life. And when that happens, I do something I think a lot of us do. I project that frustration onto God and assume God's going to do the same. I question whether God will come through or flake like other people in my life.

There's this moment when God's people had doubts and complaints after being freed from slavery and were wandering in the desert. They became hungry and upset with Moses and Aaron for not providing them with necessities. They wondered if God cared for them and if they should have stayed in Egypt. However, God responded to their complaints compassionately and provided them with manna, a bread that satisfied their hunger. We all doubt God's faithfulness during difficult times and forget the moments God has been faithful in the past. Just like with the people of Israel, God hears and cares for you. **Even when you doubt, God still takes care of you.**