

*Summer  
Challenge*



# FRUITS of the SPIRIT

GALATIANS 5:22-23



WEEK 1 **GOODNESS**

WEEK 2 **FAITHFULNESS**

WEEK 3 **GENTLENESS**

WEEK 4 **SELF-CONTROL**



# My Fruit Tracker



EACH WEEK PLACE A  
CHECK ✓ WHEN YOU  
COMPLETE THE FRUIT  
OF THE SPIRIT TASK.

WEEK 1



WRITE OR DRAW  
SOMETHING GOOD  
ABOUT YOURSELF

WEEK 2



SAY: "GOD IS WITH  
ME EVEN WHEN I'M  
SCARED"

WEEK 3



BE GENTLE WITH  
YOUR WORDS AND  
ACTIONS

WEEK 4



PRACTICE SAYING  
"NO" TO ONE THING  
THAT TEMPTS YOU